

The Mind Whisperer - Jeff Allen

Presents ...

A Path to Self Mastery

“Perfectly Constructed” ... “Amazing Weekend” ... “Very Beneficial”

... Participants’ feedback from 30/31st July 2011 ...



By Invitation Only

An Amazing Two-Day Interactive Workshop For 10 people wishing to evolve

Sat/Sun 10/11th September 2011 (9am – 4.30pm)

Transforming challenges to Courage, Self Mastery and Happiness
through Insight, Problem-solving and Spiritual Wisdom

**“Something I’m leaving your Course with that I haven’t gotten from other
Personal Development courses are the tools on How-To ... Thank You!”**

“I liked Jeff’s ability to break down Concepts and Simplify them”

Held at Jeff’s residence **on the Waterfront**
Unit 6 -132 The Esplanade Burleigh Heads

Workshop + Workbook + Coffee/snacks; Bring share-lunch - \$175
“Jeff Allen has 30 Years’ Experience in Personal Development”

Places are Confirmed with Payment Ph Jeff 0412 737 065

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Presents ... A PATH TO SELF MASTERY ... An **Interactive** Two-Day Workshop

DAY 1 (1.5 hr sessions) [8 CORE MODULES]

1. The Blueprint – A Journey to Wholeness *Discovery*

- Key Competencies: 1. Universal Laws for Mind-Body-Spirit
2. Addressing the Balance!

Break 😊

2. Awakening the Authentic Self - 2012 Forward *Purpose*

- Key Competencies: 1. Beyond the 'Law of Attraction' – Becoming!
2. Discovering and Connecting with Your Life Purpose

Lunch 😊

3. The Greatest Love of All – How it Finds You *Emotional Clearing*

- Key Competencies: 1. Emotional Mastery – Release the Past
2. Dealmaker Relationships 😊

Break 😊

4. Secrets for Lasting Happiness – Positive Mind States? *Happiness*

- Key Competencies: 1. Does your mind Support or Sabotage you?
2. 10 Ways to Lasting Happiness

DAY 2 (1.5 hr sessions)

5. Master Your Mind – Master Success *How To Change*

- Key Competencies: 1. Life Always Meets us at The Level of Our Consciousness
2. Self-Mastery in Action – the Dynamics!

Break 😊

6. Wholeness – Mental/Emotional/ Physical/ Spiritual *Holistic*

- Key Competencies: 1. What Really Works ... And Why?
2. Optimal Health + A Healing Technique

Lunch 😊

7. Living the Dream *Direction*

- Key Competencies: 1. Awaken the Powerhouse Within – Live Fearlessly 😊
2. **Break Through Blockages – Now!!!**

Break 😊

8. Completing the Journey *Homecoming*

- Key Competencies: 1. Sustainable Motivation – how to get it!
2. Bringing it all together

If you want something different – you must become something different!

You Can't Find Happiness – It Finds You 😊